



64 Julie Street

Crestmead Qld 4132

Phone: (07) 3489 4800

Facsimile: (07) 3803 4507

Email: pscrestmead@bne.catholic.edu.au

Website: www.sfcc.qld.edu.au



## St Francis College News

Friday 22nd August, 2014



The College has been busy this last week with students, staff and families involved in activities the whole week not just the school week.

On wet and windy Saturday we launched the "Our Families, Our Stories project". We are very grateful to Aunty Kerry Charlton, her brother Uncle Leif Charlton and their family members for

the welcoming ceremony. We are also grateful to the Island of Tonga boys dance group for their entertainment and storytelling.

We are also grateful to Mrs Desley Scott, Member for Woodridge and Mr Tony Langdon, Indigenous Police Liaison Officer for supporting Saturday's welcoming ceremony.

A **sincere thank you** to Mr Mark Davidson, Mrs Lena, Mrs Tammie Usher, Mr Leo Hoponoa, Mr John Slattery, Mrs Koleta Galumalemana and the year 6 students for their contribution to this event. The BBQ was a great end to the ceremony and yarnning. Nothing beats a BBQ on a cold day.

On Sunday many staff and parents attended the Queensland Catholic Schools' Musical Festival at Villanova College to hear the **SFC Chamber Choir** (Leah Aoese, Alexy's Deguara, Reuben Ellis, Lawrissa Fuamatu, Lisa Makaohi, Sandra Makaohi, Joseph Maksoud, Georgie Metu, Aaron Moefaauo, Reeves Silva, Samantha Tafola, Huawai Topia and Benjamin Turitru) and the **SFC Singers** (Melissa Ahsoon, Felicity Donoghue, Montana Gale, Tiffany Jepson, Jasmin Kennedy, Tenille Lawson, Sandra Makaohi, Joseph Maksoud, Mareta Niumagumagu, Maria Niumagumagu, Emeline Nkurunziza, Kim Phan, Charity Sam, Reeves Silva, Gloria Sootaga, Cherish Tipene, Trinity Uta'I, Ashley Weis, Jessica Weis and Sarah Weis) perform. What a wonderful way to spend a Sunday afternoon – listening to beautiful voices performing in harmony. A **sincere thank you** to Mrs Fiona Edgeworth for all the work she does for music in our school and thank you also to Ms Rachel Kilby, Mrs Fleur Willoughby and Ms Cher Williams for providing supervisory support on Sunday.

At our community breakfast on Wednesday we welcomed Acting Sergeant Matt Massouras and Cassie Primmer from PCYC.

Wednesday also heralded **SFC Science Day** for the middle and junior years. **Thank you to** Mrs Judy Simjanovic, Mrs Julieanne Carroll, Sr Lee Veriga and Prep-6 teachers for the interesting and innovative learning activities they created for this day. Amongst the mess there was much learning!

Our Perugia and La Cucina building projects are just about complete. On Friday, Josh Conway, our site manager from IJC Building Contractors, led the staff on a tour of our nearly completed project (new Drama, Dance, Graphics and Music facilities). Staff were particularly impressed with the outdoor theatre. Work is just about completed on the new middle school Home Economics facilities as well. We look forward to moving into these state of the art learning spaces before the end of term.

*Tricia, Paul and Les*

### Calendar Highlights Term 3

Wednesday 27 August  
**SECA Rugby 7's**

Thursday 28 August  
**Yr 3 Excursion**

Friday 29 August  
**P-2 Spelling Bee**  
9.30am Hall

2 & 3 September  
**Yr12 QCS Test**

8-12 September  
**Yr12 Block Exams**

BREAKFAST CLUB  
WEDNESDAY  
MORNINGS 7.30am  
CAR PARK CAFE  
Fridays 2pm  
FRIDAYS 2PM

**ABSENTEE  
LINE  
3489 4890**

**School Fees**  
**Enquiries**  
**Kellie Mudge**  
(Finance Secretary)  
**Ph: 3489 4800**  
or email  
sfc\_finance@bne.catholic.edu.au



## HOMEWORK HELP

**TUE & THUR 3-4PM  
IN THE LIBRARY  
BRING YOUR HOMEWORK**



**CHILD HEALTH CLINIC**  
Every Thursday from  
9am - 11.30am &  
12pm-1.30pm in the  
Community Centre

**Samoan Language Classes**  
Every Monday from 3-4pm  
In the Dadirri Centre  
All Welcome!

**Dance Classes Every Friday**  
from 6-7pm In the Community  
Centre. All Welcome!



Follow us on twitter  
(@stfranciscolleg)



Find us on  
**Facebook**

"Like" us on Facebook  
*St Francis College, Crestmead  
and follow all our latest news*

## ST MAXIMILIAN KOLBE PARISH

26 MacCarthy Road, Marsden  
Ph: 3803 0862 Fax: 3803 0984 / Email: marsden@bne.catholic.net.au



### Parish Happenings

**27th August**  
Spring Fair meeting

**31st August**  
"Think Tank" 10.30am

Looking for photos and Memorabilia of  
St Maximilian dates from 1980's

#### Change of Mass times:

Monday - No Mass      Tuesday - 9am  
Wednesday - 9am      Thursday - 9am  
Friday - 9am      Saturday - 8am and 6pm  
Sunday - 8am and 9.30am



## 2015 PREP PLACES AVAILABLE NOW

**BE QUICK TO SECURE  
YOUR CHILD'S SPOT!**

**CONTACT THE COLLEGE  
ON 3489 4800**



### Car Park Cafe

Car Park Café is on Friday  
afternoons at San Damiano  
Hall every  
Friday from  
2pm, come  
and join us!



**We are a Stephanie Alexander  
Kitchen Garden School**

Find out more at

[www.kitchengardenfoundation.org.au/](http://www.kitchengardenfoundation.org.au/)



# Be in the gate by half past 8



**Have your child's medical records changed?  
Is there something we need to  
know?**



Please call the office to advise us of any  
changes in your child's medication,  
medical records etc.  
Ring Kay or Nicole now on 3489 4800

## Lost Property

The office has quite a large  
collection of lost property, in  
particular Jumpers!!!

Can students and parents come and  
collect any lost items asap.

Thank you.



# INSIGHTS

by Michael Grose - Australia's No 1 parenting educator



## Helping kids manage anger

**Kids need to learn that anger can be expressed in ways that are not hurtful to anyone including themselves.**

Managing anger is one of the biggest emotional issues that children face. Children who can learn to manage their anger have a head start on handling fears and other emotions.

Currently, our community is undecided about how to handle anger. In fact, anger is discouraged as we see no place for it in homes, schools or community. 'Civilised people don't get angry' seems to be the accepted wisdom so we tend to encourage children to bottle up anger rather than let it out.

Anger needs to be managed, rather than simply avoided. Bury anger deep-down and it will go away is the attitude! This doesn't work for many children as bottled up emotions don't always dissipate. They simmer away, eventually spilling over into physical violence or hurtful verbal abuse, which so often backfires on the angry person.

Kids need to learn that anger can be expressed in ways that are not hurtful to anyone including themselves. Here are six steps that parents can use to help kids of all ages keep their emotions under check, and respond safely when emotions run high:

- 1. Understand it:** Help kids understand the events and situations that trigger angry responses. These situations will vary, but may include, playing rough games, not getting their own way and being teased by others. Help kids to reflect on the events that trigger a 'wobbly', so they can take preventative measures. This type of self-knowledge is really helpful for older primary school children and teenagers
- 2. Name it:** Help them recognise the physical signs of anger, such as clenched fists and teeth, tension around their shoulders and heavy breathing. Then assist them to develop a vocabulary around anger. "Mad as a snake", "about to lose it", "throwing a tanty" are some possibilities. Children can probably generate more! Naming emotions promotes good emotional literacy in kids.
- 3. Diffuse it:** You need some strategies to diffuse anger and bring down emotional levels in kids. Distraction and time out can be effective for toddlers with short fuses, and even shorter attention spans. For older children, parents should use diplomacy rather than discipline. You may need to give some kids some space on their own before attempting to talk. Listening to their story,

validating their right to be mad and focusing on feelings are some ways to diffuse anger. Sometimes knowing that someone else knows how you feel is enough to make anger go away.

- 4. Choose it:** Help children understand that they do have a choice about how they respond to their anger. They may feel like lashing out, but they don't have to get physical or verbally aggressive when they get angry. Let kids know in clear terms that slamming doors, throwing things and refusing to cooperate are the wrong ways to display anger. Help them understand that while you are on their side, as they mature they need to choose socially acceptable ways of handling anger.
- 5. Say it:** Encourage children to express how they feel verbally, rather than bottle things up or become aggressive. The use of I statements is one way of letting others know how they feel. 'I feel really mad when you say nasty things to me. I really don't like it!' is one way of being heard and letting the anger out.
- 6. Let it out safely:** Boys, in particular, need physical outlets for pent up anger. They may go for a run, belt a pillow or play a physical game to let their frustration out. Some kids may even pour their anger into a letter, some work on a productive activity. Help children find legitimate outlets for their anger.

Parents need to role model healthy anger management so children see firsthand how adults handle anger in mature ways. That means parents take time to listen to each other, talk things through and find healthy physical ways to let off steam when you feel yourself getting to boiling point.

The maxim for families who want to learn to manage anger in healthy ways should be: "There is nothing so bad that we can't talk about it. However there are behaviours that are not acceptable."

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For more ideas, support and advice for all your parenting challenges visit: [www.parentingideas.com.au](http://www.parentingideas.com.au)



PO Box 167 Balnarring VIC 3926 P. 03 5983 1798 F. 03 5983 1722 E. [office@parentingideas.com.au](mailto:office@parentingideas.com.au)

# Seasonal influenza

## Influenza season has started in Queensland

One third of all flu cases and hospital admissions this year have been reported in the last two weeks (as of 11 August 2014).

Adults aged 30 – 49 years have been most affected by flu so far this year. School staff are reminded of the importance of annual flu vaccination.

The number of flu cases across all ages, including school aged children, can be expected to continue to rise over the coming weeks.

## Protect staff and children

Schools, especially boarding schools are prone to experiencing rapid transmission of flu. Now is the time to review infection control practices and promote key flu prevention and control messages.

Resources to assist with promoting awareness of flu prevention and control are available at [www.health.qld.gov.au/flu](http://www.health.qld.gov.au/flu)

## Key actions to help prevent and control flu outbreaks

- **It is not too late to vaccinate**

Staff and children should be vaccinated for flu every year.

Remind and encourage seasonal influenza vaccination for any person aged six months or older.

- **Staff, children and parents should always practice and promote good hand and respiratory hygiene.**

Ensure your school has available and accessible facilities to support good hand and respiratory hygiene.

The importance of frequent hand washing with soap and water followed by thorough hand drying using a single-use towel should be reinforced and promoted. Alcohol based hand gel/wipes can also be used. However, these products are not as effective when hands are visibly dirty or greasy.

Ensure coughs and sneezes are covered, preferably with a disposable tissue. Having tissues and rubbish bins readily available can help.

- **Keep classroom environments clean**

Some organisms can remain viable for 24 hours after landing on hard surfaces. Increased environmental cleaning will help interrupt disease transmission.

Strict attention should be paid to cleaning—desks, chairs, doorknobs, taps, computers and equipment.

- **Staff, visitors and children should stay home if sick.**

Staff and children with flu-like symptoms—fever, dry cough, muscle and joint pain, tiredness, extreme exhaustion, headache, sore throat and stuffy nose—should stay at home.

Staff and children who present unwell with fever and other flu-like symptoms while at school should be sent home. Seek early medical advice if concerned.

If you have any questions please contact your local public health unit

[www.health.qld.gov.au/cdcq/contacts.asp](http://www.health.qld.gov.au/cdcq/contacts.asp)

Authorised: Dr Sonya Bennett  
Senior Director  
Communicable Diseases Unit  
Department of Health  
12/08/2014 signed copy on file



# Positive Behaviour Support - P-6

"Your beliefs don't make you a better person, your behaviour does". - [www.healthythoughts.in](http://www.healthythoughts.in)

## CONGRATULATIONS TO OUR STUDENTS OF THE WEEK!

YEAR LEVEL	PC	STUDENTS
PREPS	PCRD	<i>Jahsiah Ferris, Vanessa Mubayi, Sophie Sandmann &amp; Patrisiya Nindemesha</i>
	PCNK	
	PCRC	<i>Chris Minizero &amp; Savannah Wilton</i>
ONE	PCJO	<i>Alexis Rowe &amp; Daniel Hajgido</i>
	PCBC	<i>Thomas Laban &amp; Ebony Chadwick-Cann</i>
	PCMD/ LB	<i>Tili, Justine, Koebie &amp; Lachlan</i>
TWO	PCJS	<i>Azura Denman &amp; Kaeden Jugan</i>
	PCSG	<i>Jaslynn Foisa, Geneva Tito &amp; Hassan Al Shamari</i>
2/3	PCJW	<i>Gracias Masonga &amp; Devontae Tito</i>
THREE	PCSP	
	PCRP	<i>Taj Nason &amp; Samuel Miles</i>
FOUR	PCJH	<i>Christopher Feodoroff &amp; Kyro Townsend</i>
	PCMG	<i>Jacinta Bartlett &amp; Manasseh Pur</i>
4/5	PCLG	<i>Matthew Miranty &amp; Khulaia Grant</i>
FIVE	PCNM	
	PCBLC	<i>Kobi Ravenscroft &amp; Ellie Fuller</i>
SIX	PCKA	<i>Damien Auvaa &amp; Connor Goddard</i>
	PCJL	<i>Zac Overhoff</i>

### Our School Rules:

Hands and feet to yourself  
Walk, don't run  
Hands up to speak and move  
Do what the teacher says  
considerately  
Speak to please

Rule of the Week: Speak to please

*Tim Sione*

*P-6 Sport Coordinator &  
PBS Teacher*

## Library News

**Crazy Hat Day**  
Friday 29th

The theme for this year's Book Week is **Connect to Reading**. One of the activities being planned to celebrate this week is a Hat Parade. The idea comes from one of the short-listed books, *The Swap*. The children will be asked to create a hat to wear on the parade. The hat can be made of any suitable material and be any size, shape or colour.



There are many YouTube clips with instructions on how to make paper hats. Another option could be to decorate an old hat that you have at home. The parade is planned for the Friday during Book Week which for us will be the week beginning 25 August. The Junior Years will have their Hat Parade from 9:30 and the Early Years' Hat Parade will be from 11:30. We will be parading our hats in the hall.

We will also be celebrating National Literacy and Numeracy Week at the same time. Other happenings during the week will be inviting guest readers to share a book with a P-6 class, a Readers' Cup challenge for the years 5 and 6, a Readers' Theatre to be performed by PCBLC at the afternoon assemblies on Monday and Tuesday, competitions and a Read In at lunchtime on Wednesday. Throw in a Spelling Bee on Friday and a numeracy competition and this is going to be one very exciting week.

**John Roberts - Teacher Librarian**

# News from the Prep Rooms



On Wednesday 13<sup>th</sup> August the three Prep classes celebrated their learning in Religion with a

## *Jesus Day*

Following a prayerful Liturgy of the Word and a "fruitful" morning tea, we all tried our hand at crafts and skills from Jesus' time.

## Fishing, Pottery Carpentry, Beading

All completed in robes and head dress as was the customary fashion in Jesus' time.

A prayerful, authentic, enriching and enjoyable time learning for all!



## **P-2 Spelling Bee**

Next Friday the 29th August.

All welcome to come along and support our class representative super spellers!

See you at 9:30a.m. in the Hall!



## Year 2, 5 and 7 students working together!

Last Friday, the year 7 students presented their science work on Day/Night and The Seasons to the year 5 classes. It was great to have the year 7s peer-teach the grade 5 students as they gained a greater understanding on topics they



had been discussing in class. The year 5s praised the older students and gave them positive feedback on the teaching session. All students involved thoroughly enjoyed the experience with the grade 5s reporting that they "absolutely loved it!"

Later that day it was then the year 5 students turn to present their lesson on space, the solar system and space junk to the year 2 classes. PCSG and PCJS students were involved in a variety of fun and engaging activities.

*Kallen said "Space Junk is broken spaceships and satellites. Space Junk spins around the earth"*



# 2014 PEACE MARCH





# Middle Years Matters @ SFC

## 2014! Our year 'to be seen'



Welcome to Week 6!

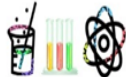
We are now half way through Term 3, with still many more interesting and exciting learning opportunities ahead of us.



### Celebrating National Science Week

#### Food for our Future—Science Feeding the World

Science Week 2014!



This week our Middle Years students from Year 7 will be working collaboratively with the Year 6 students, as leaders and mentors to our P-5 classes, as we celebrate Science Day on Wednesday, August 20<sup>th</sup>. Students will be involved in small group work, conducting experiments and explaining how they work; reading science focussed books; leading some food related activities and helping with planting in the afternoon session.

**Congratulations** to all those who submitted entries into our Photo Competition for Science Week! These will be on display in the library for judging, so take a visit and see the creativity of our students and their amazing fruit and vegetable pictures.



### Sustainability Group:

Our Sustainability student group met on Monday this week, with Mrs. Hutchinson and myself, to become familiar with and practise using the three pieces of equipment that will help us gather some baseline data for our evaluation of energy usage throughout the College.

This involved the use of an Infra-red thermometer (to measure the temperature of areas), Power Usage Meter (to measure the amount of energy used by appliances)



and a Lux Meter (to measure light intensity). By gathering data and examining practices in relation to energy conservation and use, we hope to be able to set a plan to achieve our aim of reducing our energy consumption by 10%.

### Careers Workshop:

As part of their Personal Development Program, Year 9 students this week, were given the opportunity to spend some time thinking about their futures and the choices they need to make to reach their goals. Griffith University students worked with the Year 9's through a series of activities and surveys to help them focus their plans and directions in a Careers Workshop.



*During Personal Development today, Year 9 students were invited to attend a True Colours Career Path workshop which was led by Griffith University students. We were asked to do surveys on what we would want to do after high school. As responsible Year 9 students, this gave us an opportunity to think about our future and where we want to go after high school. (Jessica Maksoud, Year 9)*

On Science Day, Sam Webb, chef at St. Francis College, explains the Integral part science plays in food preparation. He demonstrated the use of science in bread making and use of eggs in its various forms.



Mrs Eileen Hutchinson and Mr Neil Murphy demonstrate the amazing power of chemical reactions and what they can produce as a result of the interaction of chemicals.

As a P-12 College we are very lucky to be able to share in the expertise of our Secondary school 'scientists'.

**Adolescent Development:** 'Remember that adolescents' frontal lobes are 'closed for construction'. Expecting teenagers to show a lot of forethought, planning, consideration and impulse control is like expecting a goldfish to recite Shakespeare.

Parents need to be their teenage children's frontal lobes..... Never underestimate your power. Adolescents need someone around them – an adult who has more options than they do. Someone who they may battle with, but someone who ultimately they imitate and emulate, and believe it or not, that someone is you.' (taken from Into the Mystery of the Adolescent Mind by Andrew Fuller :[www.byronchild.com](http://www.byronchild.com) )

**GROWTH MINDSET - Remember intelligence is not fixed:** Effort and persistence when facing challenges are important characteristics of a successful student. Tell your child, "smart is not what you are; smart is what you work to become."

(<http://mindsetmax.com/growth-mindset-10-benefits-of-having-a-growth-mindset/>)

"You're in charge of your mind. You can help it grow by using it in the right way." ~ Carol Dweck

Sr. Lee



## NEWS FROM THE BUSINESS AND EVENTS DESK

### Asking critical economic questions of the Reserve Bank Governor Mr Glen Stevens

Dorrycie Prakash, Jessen Kardiyasa, Melonie Gabrielle, Rachael Bentley and I sat in on a Standing Committee on Economics, Review of the Reserve Bank Annual Report 2013. Melonie and Rachael got to ask Mr Stevens some challenging questions about the economy. This is a 'once in a lifetime' opportunity to participate in this process and everyone had an interesting and informative time. Thank you to Dr Jim Chalmers, Federal Member for Rankin for the special invite.



**Christine Rolfe**  
Head of Business Marketing  
and Events.



### Year 12 Program Griffith Business Graduation evening



This Friday evening 22 August 2014, Angel Posiano, Dorrycie Prakash, Lisha Tuia and Melonie Gabrielle along with families will be attending their graduation ceremony for being successful with the Griffith Business Year 12 program. The girls and their families should be very proud, as they achieved Distinction and Credits for the program. The College and the girls would

like to thank Dr Ruth McPhail and Simone Markham at the university for this fantastic opportunity.

**Christine Rolfe- Head of Business Marketing and Events**



### Business Communication & Technology

On October Year 11 & 12 Business Communication & Technologies class are hosting a leaders conference at the College for approximately 26 schools in the Logan area. This is a huge project that they are undertaking and there is a lot of excitement surrounding it. Thanks to John Slattery who had the original concept of getting all the 2015 potential leaders from the schools in Logan together to discuss leadership, what it means to be a leader and develop a network that will take the students beyond the school walls. It is a serious day with a lot of fun things happening! We look forward to meeting the 2015 school leaders.

## Positive Behaviour for Learning Years 7-12

As part of Positive Behaviour for Learning we are teaching appropriate behaviours to students each week. These behaviours follow our school rules:

*Respect Self*

*Respect Others*

*Respect the Environment*



This week's focus is on **Assessment** - As we are half way through the term, many students will have assignment work due. The behaviours we are asking the students to demonstrate are:

- Organise yourself and your time
- Hand in drafts on time
- Ask for help if need it
- Go to **Homework Club** on Tuesdays and Thursdays
- Hand in assignments on the due date (remember to attach a cover page and task sheet)
- Review the **Assessment Policy** on your **student diary** page **10, 11 & 12** to have a better understanding of extension processes and plagiarism.

**HAVE YOU  
CHECKED YOUR  
CHILD'S DIARY?**

#### WHAT DOES SELF MANAGEMENT MEAN?

Express emotions appropriately  
Develop self-discipline and set goals  
Work independently and show initiative  
Become confident, resilient and adaptable

#### AVOID PROCRASTINATING!

Make a to-do-list  
Start with something easy or fun  
Avoid distractions!

*Miss Martinez*

Staffroom  
for Improvement

2014

# Only takes a minute to sign up and then you're away!



Help us win a \$20,000 staffroom makeover!

Thanks to QT Mutual Bank we have the chance to win a \$20,000 staffroom makeover as part of their "Staffroom for Improvement" competition.

The prize is a complete makeover of our school's main staffroom. The winning school will be the one with the most votes weighted against the number of students, so any school, small or large has an equal chance to win. We need as much support from our local school community as possible. Even if we don't take out top prize we have the chance to win a \$10,000 as part of the People's Choice award.

Simply visit [www.staffroomforimprovement.com.au](http://www.staffroomforimprovement.com.au) to read the terms and conditions and register your interest today. The competition kicks off on 18 August so spread the word and get as many people as possible to vote for our school.

## HAVE YOUR SAY IN THE FUTURE OF CONFRATERNITY...

It is time for the Confraternity Rugby League Competition and our commitment to it to be reviewed and I am asking for any feedback about the future of Confraternity based on the last 4 years. If you are interested in giving your Feedback/suggestions please email me at [eallam@bne.catholic.edu.au](mailto:eallam@bne.catholic.edu.au) with a list of positives and negatives and any recommendations for the future of Confraternity at St Francis. Any other comments or ideas would be appreciated too!

Thank you

Miss Allam - Sport & HPE Co-ordinator

## St Ignatius Parish

presents their 9<sup>th</sup> Annual, ecumenical

# Women's Night of Spirituality



*Robyn Emerson*

St Ignatius parishioner Robyn Emerson is a science journalist and speech writer who works in communications at Brisbane City Council. A mother of two young adults, she is currently studying a research degree in Creative Writing and is working on a children's book.

Tonight she introduces:



*Clare Sultmann:*

Clare Sultmann's life changed on a crisp Sydney winter morning in 2000. The then 23 year old business and law graduate was hit by a truck as she was on her morning run through Bondi. Her injuries were horrific and she spent the next decade trying to regain her independence, including the painful process of learning to walk again. The former All Hallows' schoolgirl also was on a quest to find meaning in what happened. Clare's autobiographical account of those years "Standing On My Own Two Feet" gives an insight into that journey. A barrister, wife and mother of two boys, Clare lives in Noosa and continues ongoing rehabilitation.



*Dr. Maryanne Loughry rsm:*

Maryanne Loughry is a psychologist who specialises in the medical effects of trauma on refugees. She spends part of the year teaching at Oxford and Boston and recently returned from working with refugees in Syria. An Australian Sister of Mercy and the assistant director of the Jesuit Refugee Service, Maryanne Loughry is a member of the Government's advisory council on asylum seekers. She was made a Member of the Order of Australia in 2010 for service to refugees.



*Yasmin Khan:*

Yasmin Khan is a cane farmers' daughter, born and bred in Far North Queensland. A mixture of Indo-Pakistani and British heritage, her family has lived in Australia for 150 years. Yasmin has been a long term Muslim community activist and spokesperson. She is the founder and president of Queensland *Eidfest*, a festival held to celebrate the end of Ramadhan. Yasmin has regular appearances on the ABC and 4BC, speaking on a variety of topics, from spirituality to sport, including her lifelong love of cricket.

Tuesday 26th August 2014 ~ 7.30pm - 9.15pm

### Stuartholme School Chapel

Birdwood Terrace, Toowong.

No Booking Required.

Donation at the door.

Supper provided.

Parking Available - Please check Stuartholme School's website [www.stuartholme.com](http://www.stuartholme.com) for details on the day.  
Enquiries only email: [womensnightofspirituality@live.com.au](mailto:womensnightofspirituality@live.com.au)



**AEHI Fun & Fitness Volleyball Comp**

Thursday nights. Starts **Sept 4**

**Mt Warren Sports Centre**

2 Milne Street, Beenleigh

**AEHI**



Men's Women's and Mixed teams

7.15pm - 9.30pm (Games commence 7.30)

Open to High Schoolers & Older

For all registration enquiries, Contact:

Artists Envision Health Inc.

MOB: 0449 669 461

EMAIL: [aehiqld@gmail.com](mailto:aehiqld@gmail.com)

# FUN STARTS HERE



**SCHOOL  
AGE CARE**  
PCYC

Let PCYC Crestmead look after  
your outside school hour needs

**BOOK NOW!**

**St Francis College**

As one of Queensland's largest and most experienced School Age Care providers, Police-Citizens Youth Clubs (PCYC) is committed to a quality safe and fun focussed service for your children's needs at this school.

Our staff are carefully recruited and trained with a professional state-wide support network, policies, procedures and standards. We consult with families on policy issues and welcome your say in your service.

PCYC Crestmead  
St Francis College School Age Care

Before School Care 6:30am - 9:00am  
After School Care 3:00pm - 6:00pm

Phone: 0408 652 088

Logan West Community ArtShare Alliance Inc

**ART & POTTERY STUDIOS** *Under the Wineglass Water Tower*  
Orr Court, HILLCREST  
(Behind to Browns Plains Ambulance around corner from Police Station)

**Conditions for Registration & Attendance**

- Registration forms for children to be signed by parent or guardian when they are dropped off.
- Children under 15 years to be signed in and out by a parent or guardian.
- Parents are welcome to stay and assist their children.
- Workshop Registrations and Fees are to be paid in full prior to the workshops so final numbers are known. Please ring if alternative arrangements are required.
- The organizers reserve the right to limit class sizes and cancel the workshop if minimum enrolments are not reached 2 days prior to workshop commencement.
- If a workshop has to be cancelled, all fees paid for that workshop will be refunded or you may transfer to another workshop.
- Footwear must be worn
- Wear old clothing or bring an apron
- Bring own cup (and refreshments / light snacks) for tea break
- Cordial for children and Hot water for tea / coffee for parent participants will be available. Soft drinks and poppers are available for purchase.
- All Facilitators have current Blue Cards and First Aid Certificates.

Please ring **STEVEN WATSON** to Book in **0420 985 527**  
With **NAME, AGE, ADDRESS, CONTACT DETAILS (Phone & Email)**  
and **CHOSEN WORKSHOP/S**

**ALL BOOKINGS & Payments** must be made in advance to secure a place  
**PAYMENT TO BSB 633-000 14956 3777**

Forward details of participant and classes and transfer receipt to  
**artshare@optusnet.com.au** or **PO Box 1032 Browns Plains 4118**

**BOOKINGS**

**Steven Watson 0420 985 527**  
Email: **artshare@optusnet.com.au**  
Website: **www.lwcasa.org**

**ENQUIRIES**

**Sherry Austin 0412 332 535**  
**Marnie Linger 0422 248 554**  
**Rob Tindale 0421 874 225**

*"Jump right in and have a Go"*

**Logan West Community ArtShare Alliance Inc**  
**September Holiday Activities**

**WORKSHOPS FOR THREE DIFFERENT GROUPS**

- # Krank Workshops for 13 to 17 year olds
- # Krank Workshops for Young People with a Disability
- # CASA Workshops open to all ages.

**CLAY HAND BUILDING**  
**WHEEL TURNING**  
**BEADING**  
**DRAWING / PAINTING**  
**FELTING**  
**PRINTMAKING**  
**GLASS JEWELLERY**  
**LEATHER CRAFT**



**BOOK EARLY**  
**to avoid disappointment**  
**LIMITS ON CLASS SIZES**

Check inside brochure for details on dates & times & different class prices & participant eligibility

*Exercise your creativity & Imagination*



**Open Workshop - ALL AGES**

**4 years to teenagers to adults**  
(6 & under to be accompanied by Adult)  
**Cost per 2 Hour Workshop is \$15.00**  
(+ Firing fees \$4 if applicable)

Mon, 22 Sept 14	10 am to 12 pm	PAINTING	Using Watercolour and Mixed Media create your own personal painting.
Mon, 22 Sept 14	2 pm to 4 pm	PRINT MAKING	Week 1 Session is on how to make Collographs to print Relief Designs
Tue, 23 Sept 14	10 am to 12 pm	WHEEL TURNING	Practice your Centring skills on one of our electric pottery wheels
Tue, 23 Sept 14	2 pm to 4 pm	WHEEL TURNING	All wheel turned items don't have to be bowls & cups. Learn how to alter wheel turned shapes into different creations.
Thur 25 Sept 14	2 pm to 4 pm	CLAY HANDBUILDING	Create in Clay a special Pumpkin Style Home for your favourite Knome
Thur 25 Sept 14	10 am to 12 pm	PAINTING	Silhouettes in Acrylics on Canvas, Night or Day ~ Lets create !
Fri, 26 Sept 14	2 pm to 4 pm	ARTISTS BOOK	Write & Illustrate your own story and make your special artists book.
Mon, 29 Sept 14	2 pm to 4 pm	MONO PRINTING	Week 2 Session—Create your own colourful Printing Designs.
Tue, 30 Sept 14	10 am to 12 pm	BEADING	Using Beads and other attachments, make your own colourful Dream Catcher
Tue, 30 Sept 14	2 pm to 4 pm	FELTING	Learn how to felt from natural fibres and create colourful felt beads for your own unique necklace.
Wed, 01 Oct 14	10 am to 12 pm	WHEEL TURNING	What Shapes can we turn on the wheel and what can they become?
Wed, 01 Oct 14	2 pm to 4 pm	WHEEL TURNING	Use this session to practice and master your throwing skills on our electric pottery wheels
Thur, 02 Oct 14	2 pm to 4 pm	GLASS WORKSHOP	Fused Glass Pendant - Choose what colours you wish to make your pattern on a base to be fused in a kiln. [ Minimum Age 8 years ]

**# SPECIAL SATURDAY WORKSHOP FOR ADULTS #**

SAT, 27 Sept 14	10 am to 4 pm	<b>FELT SCARF ## \$50 for 6 hrs + Materials \$40</b>	Using wonderful wool and other fibres felt an original design of your own into a unique personal accessory for your fashion wardrobe. This special workshop is for <b>ADULTS ONLY</b> (15 yrs to Seniors)
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**Free KRANK Workshops**



**(A) For 13 to 17 year olds**

Wed, 24 Sept 14	2 pm to 4 pm	KRANK LEATHER	Make your own Leather Book Mark using special tools to make pattern marks and colour with inks.
Fri, 26 Sept 14	10 am to 12 pm	KRANK BEADING	Using Beads and other attachments, make your own colourful Dream Catcher
Thurs, 02 Oct 14	10 am to 12 pm	KRANK GLASS WORKSHOP	Fused Glass Pendant - Choose what colours you wish to make your pattern on a base to be fused in a kiln.

**(B) For 13 to 17 year olds - Young People with a Disability**

Wed, 24 Sept 14	10 am to 12 pm	KRANK CLAY HANDBUILDING *	Create in Clay a special Pumpkin Style Home for your favourite Knome
Fri, 03 Oct 14	2 pm to 4 pm	KRANK DRAWING PAINTING *	Using Watercolour and Mixed Media create your own personal painting.

**Logan City Council supports above KRANK Workshops & costs are FREE to eligible participants for 2 hour session**

**ALL CLASSES HAVE LIMITS ON STUDENT NUMBERS SO BOOK EARLY TO ENSURE POSITION IN WORKSHOP OF YOUR CHOICE**



**Open classes are for those who are not eligible to enrol in KRANK Workshops.**

**Cost is \$15.00 per participant for 2 hour sessions.**

**ACCOUNT PAYMENT DETAILS ON BACK PAGE.**