

St Francis College

CRESTMead

In Simplicity and Harmony



64 Julie Street
Crestmead QLD 4132
Subscribe: <http://sfccrestmead.schoolzineplus.com/subscribe>

Email: pscrestmead@bne.catholic.edu.au
Phone: 3489 4800
Fax: 3803 4507



3 February 2017

Leadership Team News

I would like to extend a warm welcome back and Happy New Year to all our families. May this year bring you great joy, peace and harmony, good health, and prosperity. We thank you in advance for your caring support and partnership in working together with your children during this forthcoming year.

Blessing for the New Year

*May God keep and bless you,
And nothing distress you.
May God guard and guide you,
And friends walk beside you.
May God's arms surround you,
And fear not confound you.
May God's light shine through you,
And night not subdue you.
As you sleep and wake
May your prayers arise
As love songs for God,
Whose love never dies,
Whose love never dies.
~ Marty Haugen*

The New Year is a wonderful time for us to discuss our values and how to make a difference in the lives of others. We will certainly be revisiting (and reacquainting our new thoughts) with our Franciscan values. Discussions will set the tone for our expectations and open up effective communication throughout 2017. Families are encouraged to seize the opportunity to celebrate personal achievements and to set individual and family goals. We ask families to discuss our Franciscan values with our young people. When families and schools share and model values and discuss them explicitly with young people – healthy productive communities are formed.

As always, January will be busy at St. Francis! As students and teachers find their way in either a new school, a new role, a new grade it will be a period of settling in and exploring new relationships and learning. We will all need to find methods to

further develop our skills through: Critical Thinking and Problem Solving, Creativity and Innovation, Collaboration and Leadership, Cross-Curricular Understanding, Communication, Digital Literacy, Cultural, Global and Environmental Awareness and Personal Management of one's learning.

Focus less on right or wrong answers and focus more on revealing the thinking behind the answers

~ David Geurin

We continue to enjoy working with you, and your children. Our doors are always open should you need to discuss your child's needs and/or educational program for the remainder of this year.

Warmest regards,

Tricia Kennedy

Introduction from the Head of Campus 7 – 12

I would like to extend my gratitude to all within our community who have taken the time to welcome me to St Francis College. I have felt a genuine warmth and optimism from all that I have met.

By way of introduction, I have come from Carmel College where I was Deputy Principal for 13 years. Prior to this I was the Assistant to the Principal Administration at St Mary's College. I have also taught at Our Lady's College, St Rita's College, St John Fisher College and Nudgee College. My wife and I have three teenage daughters who attend a Catholic High School.

I am very grateful for the opportunity to work with parents, staff and students at St Francis College and look forward to the year ahead.

Mr John Marinucci (Head of Campus 7-12)

Staff News

Welcome

This year we welcome a number of new members of staff, staff to new positions and returning staff:

Years P-6	
Kelly Billings	ESL
Julie Cavanagh	Year 6
Brenda Davidson	Year 6
Trudy Egan	Year 6
Matthew Gates	ESL
Samantha Haddad	Year 3
Zoe Lafferty	Year 3
Roxanne Mieth	Year 3
Nicole Scott	Year 1
Sarah Smith	Prep
Sandie Thorncraft	Year 5
Returning	
Kathleen Andzue	P-6
Julieanne Carroll	P-6

Years 7-12	
John Marinucci	Hoc 7-12
Georgia Brown	English, RE and Dance - Middle Years
Davis Campbell	Music and HPE - Years 5-9
Partick Last	English, RE and History – Years 7-12
Demae McMahon	English, RE and History – Years 7-12
David Roati	English, RE and Media – Years 7-12
Eileen Williamson	Learning Support
Jessie Le Brocq	Drama and RE - Year 7

Counsellors	
Rachel Bryde	P-6
Kelly Worrell	7-12 (Term 1)
Returning	
Lisa Gabai	7-12

Services Team	
Renee Cabria	College Administration Co-ordinator

Services Team	
Rebecca Kelly	Secretary – Student Reception
Returning	
Claire McBean	Marketing, Communications & Events Co-ordinator

Ancillary Staff	
Eman Mekhail	P-12 Teacher Aid
Ilham Ragy	P-12 Teacher Aid
Salah Saleh	P-12 Teacher Aid

Other	
Yvonne Wilkinson	TAFE QLD
Elenora Tufuga	Campus Minister – Community Building team
Returning	
Kim Davis	Community Hub Leader

Religious Life of the School

From the APRE's Desk

St Francis College: Ahead of the pack...as usual.

A recent article in the Sunday Mail (Sunday 29th January, 2017) reported the call for mindfulness to become part of the Australian Curriculum by 2020, owing to its proven success at reducing anxiety, improving concentration, improving sleep patterns and reducing bullying in school children (Michael Carr-Gregg, child and adolescent psychologist and mindfulness advocate).

Teachers and students at St Francis College have been engaging in mindfulness practices spasmodically over the last five years or more and Christian meditation and contemplation have long been part of Christian prayer life but this year we have made the mindfulness practice a school wide priority.

“Mindfulness – the practice of quieting the mind and bringing attention to the present”.

According to the article one in seven children has a mental health disorder. We're not waiting for 2020 to take advantage of the benefits of regular mindfulness practices. After each break, every day, students will enjoy mindful breathing, colouring, prayer, movement or meditation as a way of centring breathing, calming anxiety and readying themselves for learning.

View this simple explanation about mindfulness here. Ask your student how it's going!

Happy New Year everyone.

Ms Cathy Barrett (Assistant Principal Religious Education 6-12)

Years 7-12

Middle Years Matters

'..To be loved as to love'

Welcome to a new year at St. Francis College and the Middle Years Phase of Learning.

For those new to the College, my name is Sister Lee and my role is Assistant Principal, P-9 Curriculum. As part of this role I keep an overview of learning and teaching in the Middle Years.

It is wonderful to see all our students settling so quickly into their classes and daily routines. They look amazing in their uniforms and have already begun positively engaging with their learning.

A special welcome to all our Year 7 students and families, especially those new to St. Francis College. It's great to see these young students confidently finding their way around the high school environment and responding well to all things new to them.

Our Year 12 students quickly took on their leadership roles as they helped Year 7's settle into their new learning environment. They were an amazing support on Day One, acting as 'buddies', showing them around the school and providing friendly face's for the days ahead.

Thank you to all our wonderful Middle Years teachers and PC leaders who have worked so hard in preparing for this new year of learning and teaching.

Congratulations on such a wonderful beginning to High School!

Welcome back to our Year 8 and Year 9 students also and all those new to St. Francis College in these year levels. We hope your new year will also be one of growth, development and successful learning.

One of the features underpinning our Learning and Teaching framework is that of a Growth Mindset. This year it also becomes one of our College's key Strategic Goals within Learning and Teaching. This means that all classes, students and teachers from Prep to Year 12, will focus on developing a Growth Mindset.

As parents and caregivers you can also support this growth mindset development. Click on the link below to find 5 ways you can help develop a growth mindset at home.

<https://www.oxfordlearning.com/growth-mindset-tips-for-parents/>

With this Growth mindset, as opposed to a Fixed mindset, students are directed to understand that ability can be developed through practice and learning and that it's alright to make mistakes and learn from these.

Another important development in our Middle Years learning and teaching programme is our FrancisCan Service Programme. In this programme students are required to do a minimum of 20 hours of community service over one year. This can be carried out within the home and/or school community. Students will each receive their individual FrancisCan Service Booklet to keep a record of their activities and time. The

Students' teachers will explain more fully about this programme and how to go about achieving their required hours.

With your support and encouragement, we look forward to a year of growth and development within all of our students at St. Francis College.

We will be having a Middle Years Parent Information evening next week. This will be a great opportunity for you to meet some of the teachers and hear about what your children's learning will entail over the coming weeks, including expectations and ways to support them in their learning. We will also cover a little on adolescent development and ways we can work together to support each child in their learning journey over the year. We hope you will be able to make it to this meeting.

Middle Years Parent Information Evening -

When: Wednesday 8th February 2017

Where: San Damiano Hall

Time: 6:00pm

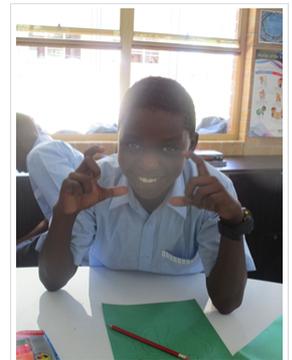
Tea, coffee and biscuits provided.

We are looking forward to working together with you throughout the year in order to further develop your child's learning achievements.

Some of our new Year 7's settling into life in the Middle Years!



Samantha Lluvido Estopace



Abdul Niyomungere



*Manassah Pur Pur and Francis
Martin Sabit*



*Debbie Finau and Joy
Sam*

Sr Lee Veriga (Assistant Principal Curriculum: P-9)

Pastoral News

Parenting Ideas

Instilling confidence takes more than heaping praise on kids. Attached is an article highlighting 10 practical confidence-building strategies for parents and teachers of children and young people to use:

Ms Michelle Kelly (Assistant Principal Pastoral: P-12)

Positive Behaviour 4 Learning

Prep-Year 12

At St Francis College, we pride ourselves on creating a safe, positive and supportive learning environment to give your child the best possible opportunity to succeed. To do this we use the 'Positive Behaviour for Learning (PB4L)' approach which focuses on harnessing the best from our students through strong positive relationships, clear and consistent expectations, and self-empowerment of the individual. We know that in order to enhance your child's learning, both school and home environment need to work together in a cooperative partnership. This section of the newsletter will provide you with an insight of what we do here at St Francis College to provide your children with better learning and brighter futures. Feel free to use and discuss these ideas in your home.

Strategy: Create, describe and establish clear expectations **with** your child so they feel empowered, that you value their opinion and understand what is expected from them. In all classes, teachers create clear expectations of suitable behaviour with student feedback and input.

Benefits: An individual is more likely to follow rules and expectations if they feel that they have played a role in creating them. The relationship between adult and child is improved as you are showing your child you trust and respect their contribution.

Your SFC PB4L Team.

Ask a Speechie...

Jennai Beckett, our resident Speech Pathologist, has put together a very comprehensive document outlining what Speech Pathology actually entails.

What is a speech pathologist?

Where do speech pathologists work?

- In schools (primary and secondary), hospitals, community clinics, nursing homes and private clinics.

What can a school-based speech pathologist do for students?

- Help correct sounds according to normal development (e.g., 'r' instead of 'w', or including the final sound at the ends of words)
- Help increase word knowledge and use
- Help students understand what is said to them

- Help students understand basic concepts (e.g., left/right, before/after, in the middle)
- Help students to be able to follow directions
- Help students use their words in correct sentences
- Help students understand different types of sentences
- Help students who struggle to talk find other ways to communicate (such as by using a computerised device or picture system)
- Help students who stutter
- Help students in the social rules of communication
- Help students advocate for themselves when they need help

How can parents and speech pathologists work together?

- Discuss your child's speech and language goals at the beginning of the term.
 - I can explain how the student's communication strengths and weaknesses may affect their classroom participation.
- Meet with parents, teachers and the learning support team to find ways to support the student's learning.
- Agree to best ways to keep in touch:
 - Speak with parents either before or after school
 - Phone calls
 - Emails
- Discuss ways parents can help their child communicate better
- I am always available to answer any questions

Ms Jennai Beckett (Speech Pathologist)

Sports Update

Prep-Year 12

NEWS FROM THE SPORTS DESK!

Welcome to 2017 P-12 Sport!

Welcome to 2017 on behalf of the P-12 Sport Department! It is going to be a huge year! The Sports staff are looking forward to a year full of sport. We will be focusing on training hard and looking great in our PE uniforms, especially sports shoes and a college HAT!

2017 Sport Motto

Every year the Sport Department has a motto to motivate and inspire SFC teams. This year to fit with the themes of the college it is '*Opportunities to Develop Excellence*'. We know how much talent our students have and to foster these talents, students are offered a number of sporting opportunities throughout the year. We want all students to take up these endless opportunities and shine through sport this year.

Hats, Hats, Hats!

To ensure your son/daughter is protected from the sun and to avoid any possible skin damage all students in the school must have a college cap for HPE classes and to wear at lunch if wanting to play on the oval. College caps are available at the uniform shop.

Shoes, shoes, shoes!

To avoid any injuries and long term damage to knees and/or ankles students are required to wear sports shoes/joggers with **laces** during HPE lessons and any sporting activity. Many students are wearing slip on shoes which are not appropriate and may result in injury.

7-12 Family Group Swimming Carnival

Which family group will take out the swimming crown in 2017?!

One of the most important events on the Term 1 sporting calendar is the Family Group Swimming Carnival which will be held Tuesday 21st February at Springwood Aquatic Centre. It is a normal school day and all students are expected to attend. Permission forms will be sent home soon. It is always a fun day and parents are welcome to attend.

SECA 2017

SECA is the 7-12 interschool sport that occurs in Terms 2 & 3 and currently teams are being finalised. We are playing against all SECA schools with a total of nine games. The SECA premiership team will be determined by whoever has won the most games during the season. SECA schools now include: Trinity, St Augustines, Carmel, St Thomas More, Emmaus, Mt Maria, Clairvaux, McAuley College (Year 7 only) PLUS Southern Cross & Chisholm (Gala Days, Carnivals only). More information will be provided about SECA throughout the term.

Year 5-6 Gala Days

Gala days are offered to Year 5 and 6 students to allow them to foster positive attitudes in a team environment, whilst also promoting a healthy and active lifestyle. The aim of Gala days is not competition, but more so the opportunity to play sport with friends for fun. This year the Gala Days will run across Term 1 and Term 2. The dates are below:

Term 1: 10th, 17th and 24th March

Term 2: 21st and 28th April

Students have nominated their chosen sports to their PC teacher. Mr Grove will now collect this information and allocate students to their team. Watch this space for team training days and times.

P-12 Fitness and Running Club

In order to prepare students for Cross Country and keeping them healthy throughout the year the P-12 Fitness and Running Club will be held every Wednesday morning from 7.30-8.00am starting in Week 3. Meet outside the sports office (Rufino).

Weights training is available for Year 10-12 boys Monday, Wednesday and Fridays, 7.00-8.00am

You can then enjoy some breakfast at Breakfast Club. What a great start to the day!

DISTRICT TRIALS

The following district trials are occurring in February. If you are interested you need to come to the Sports Office to register your name with Miss Litzow.

7-12

Rugby League (12, 15 & 18yrs boys), Rugby Union (16-18yrs boys), Volleyball (15 & 18yrs girls and boys), AFL (16yrs girls & 15 yrs boys), Netball (15 & 19 yrs girls), Basketball (18yrs boys).

Beenleigh Zone Rugby League Trials

11yrs (Born 2006, 2007) Thursday 9th and 16th February
12yrs (Born 2005) Wednesday 8th and 15th February

The first afternoon is an open trial. If needed students may be **selected and invited** to attend the second afternoon.

Coming up...

- **Tuesday 21st February** – 7-12 Family Group Swimming Carnival
- **Tuesday 7th March** – SEQ Futsal Championship (7-12)
- **Friday 17th March** – SEQ Futsal Championships Finals Day (4-12)
- **Thursday 2nd March**– SECA Girls OzTag (Years 7-12)
- **Thursday 30th March** – P-12 Cross Country Carnival
- **Thursday 27th April - SECA STARTS – Term 2, Week 2 (Years 7-12)**

Other news...

There is always a lot happening in Sport so keep your eyes peeled on the newsletter and sport notice board for updates. If you are interested in any of the activities listed come and see Miss Litzow or Mr Grove at the Sports Office (Rufino).

Miss Jordan Litzow & Mr Lachlan Grove (Sports Program Leaders)

Café Francesco

Tuckshop Volunteers Needed

Welcome to another year at St Francis College!

Presently we are short of volunteers to assist us on a daily basis.

If you are in a position to donate a little of your time each term to help us prepare the daily menu, it would be greatly appreciated. A shift for a volunteer could be as little as 2 hours (9am until 11am)

Whatever time you can give would be greatly appreciated. Please call Sam Webb on 3489 4800 or email him at sam.webb@bne.catholic.edu.au

Thank you and best wishes for a fantastic 2017.

New Menu

The new Tuckshop Menus' can be seen below:

Please remember:

- If your child has specific likes or dislikes, please put an alternative on your order and enough money to cover the most expensive items.
- We can't always ask the children for an alternative.
- All orders are to be written on a brown paper bag and placed in the classroom tuckshop box.
- Paper bags from the tuckshop cost 10c each.
- Mark separate bags with child's name, teachers name, amount enclosed and whether **FIRST BREAK** or **SECOND BREAK**. With orders clearly marked.
- If insufficient money is sent, a substitute will be given. Please try to supply correct money as no responsibility can be taken for change reaching home.
- Ice blocks are **not available at Morning Tea**

Mr Sam Webb (Chef)

Administration Matters

New Office Layout

Over the summer the school office underwent a complete redesign of the office layout to create a more innovative use of the space. The amazing new area allows staff, pupils and parents to communicate more effectively.

The new area contains larger desks, lower window space at the front entrance, new seating for visitors and a dedicated area for enrolments. All these provide more flexibility and a better flowing workspace.

I am sure you will agree it's a great improvement but we still have some finishing touches so please bear with us!

College Car Park and Driveway Usage

This is just a friendly reminder that the Drop and Go zone (closest to the San Damiano Hall) is for short term pick up/drop off; approximately a 2 min stay is requested. No driver is to exit their car and leave the vehicle unattended in this zone.

Longer term parking is available in the section closest to Julie Street at the front of the College.

We ask that all parents and students use the zebra crossings when moving to and from your cars.

The car park in front of the Community Centre is reserved for Caregivers who have children in Prep classes only please.

Car flow exiting the college is to go via the drop off or car park exits.

We would like to extend a sincere thank you to parents and families for your cooperation in following our new car park safety procedures. We know you will appreciate that these are designed to keep our children safe.

Thank you for your patience, courtesy, safety and respect and as a result being such great role models for our students.

Useful Documents

Having entered into another new school year please find attached four documents for your information. Please take the time refer to them as they could well be relevant and/or assist you.

Mrs Claire McBean (Communications, Events and Facilities Manager)

General News

Friends of St Francis

Would you like the opportunity to meet the CLT team and staff? If the answer is yes, please come and join us on the 8th February from 3.30-4.30pm. Tea, coffee and cakes will be provided!

Learn an Instrument

Take advantage of this opportunity for your child to participate in the school's instrumental music program!

Below is the enrolment form.

School Transport Funding

QCEC has announced the funding arrangements for the **2017 Non-State Schools Transport Assistance Scheme**.

There are two components to the scheme:

- the *Bus/Ferry Assistance Program*
- the *Students with Disabilities Transport Assistance Program*

Below is a link to check your eligibility for financial assistance with the cost of transport to school.

<https://www.schooltransport.com.au>

Parish News

Reminders

An invitation is extended to all members of our Parish to help them suitably plan events and activities for the Parish Planning Calendar in 2017. The meeting is to be held in the parish hall on Sunday 5th February at 10.30am.

Just a reminder that all youth aged 15 and above are welcome to join the parish dynamic SMK Youth Group!

Date Claimers

31 Jan	No Mass
3 Feb	First Friday of the Month; Adoration @ 6.30pm followed by Mass @ 7pm
5 Feb	Parish Planning Meeting @ 10.30am

Community News

Vacant Position

We are looking for a Casual Bus Driver for Wednesdays 7-9am and 3-5pm, other casual hours to be advised if needed.

Please call Jon Mack on 0439 707 334 if you are interested, please note that you must hold a current Blue Card.

Charity Event

There is a charity event being held by Park Ridge Cricket Club to raise funds for the McGrath Foundation which help to place Breast Care Nurses in the community to assist families affected by this.

Stump up for the McGrath Foundation!

Saturday 18th February

PINK STUMPS DAY

<https://pinkstumpsday2017.gofundraise.com.au/page/parkridgecc>

DONATE ONLINE
Visit link above, join the Team and help us raise Funds.

So come along - bring the family and friends to Hubner Park, Park Ridge

FOR A FUN DAY OUT TO RAISE MONEY FOR THE MCGRATH FOUNDATION

Time: 10am—4pm

- U/10 & U/12 Junior Cricket Game from 9am
- Biggest Hitter Competition from 12pm
- U/14-15's T20 Big Bash Cricket Game from 1:30pm
- Ladies on the Lawn High Tea Tent (\$5 entry)
- Raffles
- McGrath Foundation Merchandise on sale
- Jumping Castle
- Face Painting
- Sausage Sizzle, Food & Bar (NO BVO)
- **Dress Code for the Day: Wear Pink**

All proceeds on the day will help the McGrath Foundation raise money to place McGrath Breast Care Nurses in communities across Australia as well as increasing breast awareness in young women.

Another hot pink initiative from the McGrath Foundation

together we can make a difference